

## Quad Cities Senior Olympics

**Saturday, June 30, 2018**

Augustana College, Knowlton Sports Complex, Paul V. Olsen Track, Rock Island, Illinois

9:00 a.m. Sunny, Dry, 86 degrees 1:30 p.m. Sunny, Dry, 96 degrees

### Shot

Age	Place	First	Last	Weight	Trial 1	Trial 2	Trial 3	Best
50-54	1	Lisa	Harris	3K	14' 1 1/2"	14' 9 1/2"	13' 9"	14' 9 1/2"
55-59	1	Kathy	Talken	3K	16' 11 1/2"	16' 7"	15' 3"	16' 11 1/2"
65-69	1	Martha	Green	3K	19' 5 3/4"	F	F	19' 5 3/4"
50-54	1	Troy	Bellrichard	6K	42' 11"	42' 6"	43' 10 3/4"	44' 9"
					43' 0 1/2"	F	44' 9"	
55-59	1	Scott	Sehmann	6K	35' 9 1/4"	35' 0"	37' 6 1/2"	37' 6 1/2"
	2	Dennis	Lehr	6K	29' 0 1/4"	31' 3"	F	31' 3"
	3	Joe	Casillas	5K	30' 0"	F	29' 11"	30' 0"
	4	Scott	Reed	5K	28' 1 1/2"	29' 8"	28' 11"	29' 8"
60-64	1	Jeff	Carl	5K	34' 9 1/2"	33' 6 3/4"	F	34' 9 1/2"
	2	Jim	Franzen	5K	31' 0 1/4"	31' 9 3/4"	34' 0"	34' 0"
	3	Thomas	Gizicki	5K	25' 4 1/2"	27' 7"	28' 7"	28' 7"
	4	Jeff	Johannsen	5K	26' 11 1/4"	26' 10 1/2"	28' 4"	28' 4"
	5	Willie	Seward	5K	25' 8 1/2"	26' 10 1/4"	F	26' 10 1/4"
65-69	1	Rick	Nelson	5K	30' 3"	31' 10 1/4"	32' 4"	32' 4"
	2	Billy	Potter	5K	27' 6"	F	F	27' 6"
	3	Rod	Speidel	5K	23' 7 3/4"	F	24' 8 1/4"	24' 8 1/4"
	4	Gary	Regenwether	5K	22' 3"	F	22' 7"	22' 7"
70-74	1	Jack	Frazelle	4K	24' 9 1/4"	28' 8 3/4"	28' 1 3/4"	28' 8 3/4"
75-79	1	Bob	Elliott	4K	25' 5 3/4"	25' 5 1/4"	F	25' 5 3/4"

## Shot

Age	Place	First	Last	Weight	Trial 1	Trial 2	Trial 3	Best
80-84	1	John	Manning	3K	34' 8"	37' 0 3/4"	36' 2"	37' 0 3/4"
	2	Michael T.	Cherry	3K	29' 3"	27' 4 1/4"	30' 11 1/2"	30' 11 1/2"
	3	Dewey	Steele	3K	27' 0"	26' 10"	25' 7"	27' 0"
	4	Don	Amery	3K	F	25' 2"	24' 7"	25' 2"
90-94	1	Ralph	Whiteman	3K	21' 10 1/2"	F	22' 0"	22' 0"

## Weight Throw

Age	Place	First	Last	Sex	Weight	Trial 1	Trial 2	Trial 3	Best
65-69	1	Martha	Green	F	12#	22' 7 1/4"	23' 9"	21' 9"	23' 9"
30-34	1	Alex	Kazenko	M	35#	28' 6"	28' 9 3/4"	F	30' 3"
						25' 10"	30' 3"	F	
50-54	1	Troy	Bellrichard	M	25#	40' 8 1/2"	41' 5"	40' 11"	41' 5"
	2	Greg	Theologes	M	25#	F	F	P	38' 5 1/4"
55-59	1	Scott	Sehmann	M	25#	39' 7 1/2"	43' 2"	45' 6 1/2"	45' 6 1/2"
						2	Dennis	Lehr	M
60-64	1	Jim	Franzen	M	20#	F	F	41' 7 3/4"	41' 7 3/4"
	2	Thomas	Gizicki	M	20#	27' 8"	28' 6 1/2"	30' 4"	30' 4"
	3	Jeff	Johannsen	M	20#	25' 6 1/2"	P	P	25' 6 1/2"
	4	Willie	Seward	M	20#	21' 4 1/2"	23' 3"	25' 3 1/2"	25' 3 1/2"
65-69	1	Rod	Speidel	M	20#	27' 7"	30' 0 3/4"	F	30' 0 3/4"
	2	Billy	Potter	M	20#	F	F	28' 8"	28' 8"
	3	Gary	Regenwether	M	20#	15' 6 1/2"	26' 5"	25' 2 3/4"	26' 5"
80-84	1	Don	Amery	M	12#	34' 2"	F	34' 2 1/2"	34' 2 1/2"
	2	Michael T.	Cherry	M	12#	F	31' 0 3/4"	31' 4"	31' 4"
90-94	1	Ralph	Whiteman	M	20#	13' 7 1/4"	13' 9"	14' 3"	14' 3"

## Weight Throw

Age	Place	First	Last	Sex	Weight	Trial 1	Trial 2	Trial 3	Best
50-54	1	Greg	Theologes	M	56#	F	19' 8 1/2"	F	23' 2 1/4"
							21' 2"	22' 0 1/2"	23' 2 1/4"
80-84	1	Don	Amery	M	25#	22' 2"	22' 6"	P	22' 6"
	2	Michael T.	Cherry	M	25#	19' 9"	20' 9 3/4"	19' 11"	20' 9 3/4"

## Discus

Age	Place	First	Last	Weight	Trial 1	Trial 2	Trial 3	Best			
50-54	1	Lisa	Harris	1K	31' 7"	32' 0"	34' 6"	34' 6"			
65-69	1	Martha	Green	1K	39' 11"	F	33' 10"	39' 11"			
50-54	1	Troy	Bellrichard	1.5K	154' 11"	153' 0"	148' 8"	154' 11"			
					F	136' 7"	131' 2"				
55-59	1	Wade	Sorenson	1.5K	97' 10"	F	102' 0"	102' 0"			
					Scott	Sehmann	1.5K	93' 9"	97' 7"	F	97' 7"
					Dennis	Lehr	1.5K	F	F	81' 0"	81' 0"
					Scott	Reed	1.5K	69' 9"	P	P	69' 9"
					Tom	Stahl	1.5K	35' 5"	F	F	35' 5"
60-64	1	Jim	Franzen	1K	123' 3"	107' 8"	130' 7"	130' 7"			
	2	Jeff	Carl	1K	111' 9"	114' 1"	111' 9"	114' 1"			
	3	Jeff	Johannsen	1K	95' 6"	F	102' 10"	102' 10"			
	4	Thomas	Gizicki	1K	F	72' 10"	78' 3"	78' 3"			
	5	Willie	Seward	1K	55' 8"	70' 0"	73' 2"	73' 2"			
	6	Randy	Frazier	1K	40' 10"	42' 1"	54' 5"	54' 5"			
65-69	1	Rick	Nelson	1K	98' 8"	103' 7"	F	103' 7"			
	2	Billy	Potter	1K	F	F	95' 7"	95' 7"			
	3	Rod	Speidel	1K	81' 11"	F	90' 4"	90' 4"			
	4	Gary	Regenwether	1K	84' 0"	F	F	84' 0"			

## Discus

Age Group	Place	First	Last	Weight	Trial 1	Trial 2	Trial 3	Best
80-84	1	Don	Amery	1K	F	64' 10"	59' 10"	64' 10"
	2	Michael T.	Cherry	1K	60' 0"	55' 0"	58' 3"	60' 0"
	3	Delmar	Smith	1K	57' 0"	P	P	57' 0"
	4	Dewey	Steele	1K	57' 4"	56' 1"	F	57' 4"
	5	Bill	Park	1K	52' 2"	F	45' 2"	52' 2"
90-94	1	Ralph	Whiteman	1K	F	49' 2"	38' 2"	49' 2"

## Javelin

Age	Place	First	Last	Weight	Trial 1	Trial 2	Trial 3	Best
50-54	1	Lisa	Harris	500G	24' 7 1/4"	25' 9 1/4"	26' 6"	26' 6"
65-69	1	Martha	Green	400G	33' 1"	F	37' 11 1/4"	37' 11 1/4"
	2	Rosanne	Ullman	400G	22' 3"	24' 9"	27' 3 1/4"	27' 3 1/4"
30-34	1	Alex	Kazenko	800G	63' 1 1/4"	73' 10"	68' 0 1/2"	73' 10"
50-54	1	Troy	Bellrichard	700G	111' 6"	130' 9"	134' 1"	134' 1"
55-59	1	Wade	Sorenson	700G	108' 9"	111' 11"	107' 8"	111' 11"
	2	Dennis	Lehr	700G	95' 9"	88' 0"	100' 7"	100' 7"
	3	Scott	Sehmann	700G	92' 4 1/2"	96' 4 1/2"	98' 7 1/4"	98' 7 1/4"
	4	Scott	Reed	700G	65' 2 1/2"	P	P	65' 2 1/2"
	5	Tom	Stahl	700G	F	F	26' 1"	26' 1"
60-64	1	Jeff	Johannsen	600G	99' 1"	98' 7"	108' 4"	108' 4"
	2	Jim	Franzen	600G	80' 11"	74' 1 1/4"	93' 1 1/2"	93' 1 1/2"
	3	Willie	Seward	600G	60' 8"	F	63' 10"	63' 10"
	4	Randy	Frazier	600G	52' 1 1/2"	60' 3"	59' 4 3/4"	60' 3"
	5	Tom	Gizicki	600G	40' 4 1/2"	F	59' 2 3/4"	59' 2 3/4"

## Javelin

Age	Place	First	Last	Weight	Trial 1	Trial 2	Trial 3	Best
65-69	1	Keevan	Morgan	600G	100' 7"	103' 6"	91' 10 1/2"	103' 6"
	2	Rod	Speidel	600G	82' 9"	97' 10"	F	97' 10"
	3	Billy	Potter	600G	66' 0"	69' 8"	F	69' 8"
	4	Rick	Nelson	600G	58' 3 1/4"	61' 3 1/4"	62' 11"	62' 11"
	5	Gary	Regenwether	600G	44' 9"	56' 3"	62' 9 3/4"	62' 9 3/4"
	6	Nelson	M. Lay	600G	51' 11"	58' 2"	55' 10 1/4"	58' 2"
70-74	1	Stanley	Szydlowski	500G	72' 11"	69' 3"	76' 7 3/4"	76' 7 3/4"
80-84	1	Bill	Park	400G	48' 3"	54' 7"	52' 0 1/4"	54' 7"
	2	Michael T.	Cherry	400G	41' 4"	38' 1 3/4"	49' 1 1/2"	49' 1 1/2"
	3	Dewey	Steele	400G	46' 3"	38' 9"	48' 5"	48' 5"
90-94	1	Ralph	Whiteman	400G	45' 8"	41' 1"	52' 1"	52' 1"

## Triple Jump

Age	Place	First	Last	Trial 1	Trial 2	Trial 3	Best
65-69	1	Coralyn	Duhlstine Feeney	18' 0 3/4"	18' 5"	17' 11 1/2"	18' 5"
50-54	1	Brian	Andrae	29' 10 3/4"	30' 10 1/2"	30' 0 1/2"	30' 10 1/2"
55-59	1	Dennis	Lehr	25' 7 1/4"	28' 5 1/4"	F	28' 5 1/4"
	2	Brian	Fawcett	25' 3 1/4"	27' 5 1/4"	27' 10 1/2"	27' 10 1/2"
60-64		Jim	Franzen	24' 8 3/4"	25' 11 1/4"	24' 10"	25' 11 1/4"
65-69	1	Billy	Potter	24' 1 1/4"	25' 6"	F	25' 6"
	2	Rod	Speidel	17' 5"	P	P	17' 5"
70-74	1	Alan	Schenck	15' 9 1/2"	P	P	15' 9 1/2"

## Pole Vault

Age	Place	First	Last	4' 0"	4' 6"	5' 0"	5' 6"	6' 0"	6' 6"	7' 0"	7' 6"	8' 0"	8' 6"	10'	11'	12'	12' 7"	Best
50-54	1	Darrel	Talken	p	p	p	p	p	p	xo	p	x	xxo					8' 0"
55-59	1	Dave	Gilbert	ppp	p	p	p	p	p	p	p	p	p	o	o	o	xxx	12' 0"
	2	Wade	Sorenson	ppp	p	p	p	o	o	o	o	xxx						7' 6"
	3	Joe	Casillas	o	p	p	p	p	p	o	xxo	xxx						7' 6"
	4	Brett	McGreer	o	o	o	p	xo	xo	xo	xxx							7' 0"
65-69	1	Billy	Potter	p	p	p	p	o	p	p	p	o	xxx					8' 0"
	2	Rod	Speidel	p	p	o	xo	o	xxx									6' 0"
70-74	1	Merle	Norberg	o	o	o	p	xo	xxx									6' 0"
80-84	1	Michael T.	Cherry	xo	xxx													4' 0"

## High Jump

Age	Place	First	Last	2' 8"	2' 10"	3' 0"	3' 2"	3' 4"	3' 6"	3' 8"	3' 10"	4' 0"	4' 2"	4' 4"	4' 6"	4' 8"	4' 10"	5' 1"	Best
65-69	1	Coralyn	Duhlstine Feeney	P	P	O	O	O	XXX										3' 4"
50-54	1	Brian	Andrae	P	P	P	P	P	P	P	O	O	P	O	XXX				4' 4"
55-59	1	Wade	Sorenson	P	P	P	P	P	P	P	P	P	P	P	O	O	O	O	5' 1"
	2	Brian	Fawcett	P	P	P	P	P	P	P	P	O	O	O	O	XXX			4' 6"
	3	Dennis	Lehr	P	P	P	P	P	P	P	P	P	P	O	P				4' 4"
	3	Brett	McGreer	P	O	O	O	O	O	O	O	O	O	O	O	XXX			4' 4"
60-64	1	David	Rainey	P	P	P	P	P	P	P	P	O	XXX						4' 0"
	2	Michael	Martin	P	P	O	O	O	O	XXX									3' 6"
	3	Jim	Franzen	P	P	P	P	O	XXX										3' 4"
65-69	1	Rick	Daniels	P	O	O	O	O	O	P	O	P	P	P		0	XXX		4' 8"
	2	Ken	Beach	P	P	P	P	P	P	P	O	P	O	XXX					4' 2"
	3	Billy	Potter	P	P	P	P	P	P	P	O	P	O	PPP					4' 2"
	4	Rod	Speidel	P	P	O	P	O	O	O	XXX								3' 8"
	5	Larry	Best		O		O	O	O	XXX									3' 6"
70-74	1	Alan	Schenck	O	P	O	P	xPP											3' 0"
80-84	1	Michael	Cherry	O	O	XXX													2' 10"

## Running Long Jump

Age	Place	First	Last	Trial 1	Trial 2	Trial 3	Best
65-69	1	Coralyn	Duhlstine Feeney	8' 4 3/4"	8' 8 1/2"	8' 10 1/4"	8' 10 1/4"
	2	Pamela	Mason	6' 8 1/2"	6' 8 3/4"	7' 3 3/4"	7' 3 3/4"
70-74	1	Pat	Vincent	6' 7 1/2"	P	P	6' 7 1/2"
50-54	1	Brian	Andrae	14' 3 1/4"	14' 5"	13' 11"	14' 5"
55-59	1	Joe	Morgan	F	12' 4"	13' 5 3/4"	13' 5 3/4"
	2	Brian	Fawcett	10' 5"	12' 4 3/4"	13' 1"	13' 1"
	3	Dennis	Lehr	12' 6 3/4"	12' 4 1/2"	12' 3"	12' 6 3/4"
60-64	1	David	Rainey	12' 0 1/4"	12' 7 1/4"	12' 10 1/4"	12' 10 1/4"
	2	Billy	Potter	F	12' 6 1/4"	12' 8 1/2"	12' 8 1/2"
	3	Jim	Franzen	12' 7 1/4"	12' 6"	11' 8 1/2"	12' 7 1/4"
	4	Randy	Frazier	11' 0 1/4"	11' 0 1/2"	9' 9 3/4"	11' 0 1/2"
	5	Larry	Best	10' 6 3/4"	11' 3"	F	11' 3"
	6	Rod	Speidel	11' 0"	10' 8"	10' 9"	11' 0"
	7	Keevan	Morgan	10' 10"	10' 5 3/4"	F	10' 10"
70-74	1	Dan	Hansman	8' 10"	F	F	8' 10"
		Alan	Schenck	6' 6 1/4"	F	F	6' 6 1/4"
75-79	1	Lee	Stopoulos	9' 0"	F	F	9' 0"

## Standing Long Jump

Age	Place	First	Last	Trial 1	Trial 2	Trial 3	Best
65-69	1	Coralyn	Duhlstine Feeney	5' 7"	5' 4 1/2"	5' 6 1/4"	5' 6 1/4"
	2	Pamela	Mason	5' 0"	4' 11 1/2"	5' 0"	5' 0"
	3	Rosanne	Ullman	3' 6 1/4"	3' 5"	3' 9 1/2"	3' 9 1/2"
70-74	1	Pat	Vincent	4' 5 1/2"	4' 1 3/4"	3' 10"	4' 5 1/2"
55-59	1	Joseph	Ryder	6' 4"	6' 10"	7' 3 1/2"	7' 3 1/2"
	2	Brian	Fawcett	7' 2 1/2"	7' 2 1/2"	F	7' 2 1/2"
	3	Joe	Morgan	6' 5"	6' 11"	6' 10 1/2"	6' 11"
60-64	1	Jim	Franzen	7' 9"	7' 9 1/4"	7' 6"	7' 9 1/4"
	2	David	Rainey	7' 3 1/2"	7' 0 1/2"	7' 6 1/2"	7' 6 1/2"
	3	Joseph	Schiltz	7' 0"	7' 5"	F	7' 5"
	4	Randy	Frazier	F	5' 9 1/4"	6' 3 1/2"	6' 3 1/2"
65-69	1	Ken	Beach	F	F	8' 3"	8' 3"
	2	Rod	Speidel	6' 10"	7' 1"	6' 6 3/4"	7' 1"
	3	Billy	Potter	6' 9"	6' 11"	6' 11 1/2"	6' 11 1/2"
	4	Larry	Best	5' 7"	5' 5 3/4"	6' 1 3/4"	6' 1 3/4"
	5	Keevan	Morgan	5' 10"	6' 1"	F	6' 1"
70-74	1	Dan	Hansman	6' 6"	6' 7 3/4"	6' 0"	6' 7 3/4"
		Alan	Schenck	4' 10"	4' 10"	P	4' 10"
75-79	1	Lee	Stopoulos	6' 3"	6' 4"	6' 5 1/2"	6' 5 1/2"
80-84	1	John	McGinty	1' 5 1/2"	P	P	1' 5 1/2"

## 50 Meters

65-69	1	Coralyn	Duhlstine Feeney	10.31
	2	Pamela	Mason	23.27
70-74	1	Pat	Vincent	10.38
50-54	1	Brian	Andrae	7.39
55-59	1	Joe	Morgan	7.81
	2	Brian	Fawcett	8.01
	3	David	Bailey	8.08
	4	Scott	Reed	8.21
	5	Joseph	Ryder	8.28
	6	Joe	Casillas	8.69
	7	Brett	McGreer	8.88
60-64	1	Joseph	Schiltz	7.80
	2	Joe	Cosgrave	7.99
	3	Jim	Franzen	8.33
	4	Randy	Frazier	9.85
	5	David	Cortez	11.24
65-69	1	Ken	Beach	7.91
	2	Rod	Speidel	8.72
	3	Rick	Daniels	8.74
70-74	1	Dan	Hansman	9.05
	2	Bill	Dwyer	9.45
	3	Alan	Schenck	13.67
75-79	1	Lee	Stopoulos	9.15
	2	Thomas	Tilton	17.11
80-84	1	William	Maurhoff	9.74
85-89	1	Howard	Byers	10.86

## 100 Meters

55-59	1	Diana	Watters	21.25
	2	Tammy	Smith	21.26
65-69	1	Coralyn	Duhlstine Feeney	19.76
	2	Pamela	Mason	23.49
70-74	1	Pat	Vincent	20.17
50-54	1	Brian	Andrae	14.11
55-59	1	Joe	Morgan	14.70
	2	Joseph	Ryder	15.85
60-64	1	Randy	Frazier	17.43
65-69	1	Rod	Speidel	16.63
70-74	1	Bill	Dwyer	17.64
	2	Dan	Hansman	17.94
75-79	1	Lee	Stopoulos	17.92
	2	Thomas	Tilton	32.57
80-84	1	William	Maurhoff	19.07
85-89	1	Howard	Byers	21.16

## 200 Meters

55-59	1	Tammy	Smith	54.16
	2	Diana	Watters	54.36
65-69	1	Coralyn	Duhlstine Feeney	48.37
	2	Pamela	Mason	51.90
55-59	1	David	Bailey	28.87
	2	Joe	Morgan	32.15
	3	Joseph	Ryder	32.49
	4	Scott	Reed	34.14
60-64	1	David	Wilson	27.20
65-69	1	Rod	Speidel	38.46
70-74	1	Bill	Dwyer	38.58
	2	Dan	Hansman	41.73
	3	James	Knorr	53.27
75-79	1	Lee	Stopoulos	45.23
80-84	1	James	McCord	2:03.79
85-89	1	Howard	Byers	49.03

## 400 Meters

Age Group		First	Last	Time
55-59	1	Tammy	Smith	1:59.03
60-64	1	Jill	Ryan	2:12.89
65-69	1	Pamela	Mason	1:50.93
	2	Rosanne	Ullman	2:19.73
55-59	1	David	Bailey	1:03.95
	2	Scott	Reed	1:30.82
60-64	1	David	Wilson	1:01.87
	2	Joe	Cosgrave	1:11.91
65-69	1	Keevan	Morgan	1:17.00
	2	Larry	Best	1:34.94
	3	Larry	Jones	1:44.61
70-74	1	Bill	Dwyer	1:34.37
	2	Doug	Nelson	1:41.49
	73	James	Knorr	2:02.65

## 800 Meters

60-64	1	Jill	Ryan	5:05.97
65-69	1	Rosanne	Ullman	5:00.32
	2	Shari	Hintermeister	5:01.27
55-59	1	Scott	Reed	3:41.81
60-64	1	Tom	Loch	2:51.81
	2	Paul	Ryan	3:12.95
65-69	1	Larry	Best	3:51.40
	2	Larry	Jones	3:53.26
	3	Tim	Phillips	4:11.39
70-74	1	Frank	Davis	3:14.84
	2	Doug	Nelson	4:05.49
	3	James	Knorr	4:41.59
80-84	1	James	McCord	8:17.57

### **1500 Meters**

65-69 1. Rosanne Ullman 10:06.98

55-59 1. Scott Reed 7:27.01

60-64 1. Paul Ryan 6:27.96

65-69 1. Larry Best 7:30.43

2. Larry Jones 7:36.16

70-74 1. Frank Davis 6:40.08

2. James Knorr 9:06.96

75-79 1. Frank Bay 7:46.68

### **3,000 Meters**

60-64 1. Tom Loch 14:30.95

65-69 1. Tim Phillips 20:43.82

75-79 1. Frank Bay 15:52.28